



## Lesson Plan - Teacher Instructions

**Grade level:** 1 - 3

**Objective:** To observe surroundings and avoid distracted walking.

**Standard based skills:** Discuss, examine and draw images.

**Materials:** Paper, crayons, colored pencils and “Take the Pledge” and the “DeFEET” handouts.

**Introduction:** Start a discussion about things that are distracting while walking. Behavior when boarding and exiting a school bus and how to safely play outdoors.

**Engage:** Ask students to demonstrate behaviors while walking, playing or getting in and out of school bus/vehicles.

Ask students to write words that supports good behavior and bad behavior. Other students can draw good behavior and careless behavior while walking.

Place all images on the board and have students select what are good behaviors and irresponsible behaviors.

**Using handout:** Give students a copy of the “Take the Pledge” sheet and the “DeFEET Distractions Infographic.” Discuss with students and have them take home and discuss with family and friends.

**Grade level:** 4 - 6

**Objectives:** Identify safe and distracted walking actions, the risks, and reflect on personal behaviors.

**Standard based skills:** Breakout into groups to discuss and write down different types of distracted walking. Share details in a collaborative discussion.

**Materials:** Paper, pens, Student activity sheet, “Take the Pledge” and the “DeFEET Distractions Infographic.”

**Introduction:** Ask students where they walk, and discuss responsibilities of a pedestrian.

**Engage:** Distribute copies of the activity sheet and brainstorm safe tips to help avoid and prevent distracted walking.

Encourage students to come up with preventive tips that can be shared with the class, family and friends.

**Using handout:** Ask students to use the chart to observe their walking behaviors for three days. Give students copies of the “Take the Pledge” sheet and the “DeFEET Distractions Infographic.” Discuss with student and have them to take home and discuss with family and friends.