



Activity Sheet

Name: _____

EYES OPEN, EARS OPEN, HEADS UP!

Pedestrians have a responsibility on the road too. For the next three days, check the box that applies to you. Put an X next to anything you may do that is distracting. Be sure you're not walking when filling this in.

FOCUSED	Behavior	Day 1	Day 2	Day 3
	Keep my head and eyes up, looking around			
	Keep my ears free / low volume from headphones			
	Look left, right, and left again when crossing			
	Put my phone away, step aside to text /talk			
	Cross street at crosswalk and watch both ways for cars			
DISTRACTED	Behavior	Day 1	Day 2	Day 3
	Talk with friends while crossing the street			
	Listen to loud music while walking			
	Talk on my phone while crossing the street			
	Text/check social media while walking			
	Ignore street signs and surroundings			

What can you do to help others be safe when walking? Explain.
