The Power of PTA Mentoring

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What is Mentoring?
Me, a Mentor?

Qualities of a mentor

• Good listener/sounding board.
• Flexible.
• Value diversity of perspectives.
• Knowledgeable.
• Nonjudgmental.
• Able to give constructive feedback.
• Honest and candid.
• Able to network and find resources.
The Mentor/Mentee Relationship

MENTOR

MENTEE

Relationships that last long
The Mentor/Mentee Skills

- Observing body language and NVC
- Building rapport and trust
- Challenge
- Reframing
- Reflective skills
- Supportive skills
- Feedback
- Coaching and mentoring skills
- Listening
- Questioning
Communicating

COMMUNICATION SKILLS
Activities to Keep you Connected
Success