



ONLINE ACTIVE SHOOTER TRAINING THAT SAVES LIVES

# STEPS FOR SURVIVAL ONLINE TRAINING PROGRAM

## FOR CLASSROOM TEACHERS



### The GOLD STANDARD in Active Shooter Preparedness Training.

No one wants to begin each day planning for the worst. At ONE Training, we understand that, and we see that the constant barrage of bad news takes a toll on teachers. Generally, teachers enter the field because they enjoy children and would never want to see them hurt. That feeling presents a challenge because it is unpleasant to think about a day when an active shooter could enter your building and hurt your students.

However, taking the Steps for Survival Active Shooter Preparedness course will allow you to see yourself in a new way. You are not just a victim. You are not powerless, helpless, or defenseless. Let us show you how to replace your fear with power and protect yourself and your students.

This life-changing class will not scare you or present you with gory images, but it will allow you to see your life-saving potential in a new way and embrace that newfound power.

Our 2-hour course includes the information you need to prepare you to handle emergencies inside and outside the classroom.

### Key Elements of the Course Include:

- A brief history of active shooter attacks in America.
- Studies and exercises on stress inoculation.
- Methods to be an effective decision-maker.
- Options available to you during an attack and how to use them.
- Practical application tips for the federally recommended Run-Hide-Fight.
- Situational awareness methods.
- Methods to counter an attack that anyone can use.
- How to spot trouble and react.

**NYS SED CTLE**

NYS districts are eligible for aid though Herkimer & OCM BOCES.

(315) 720-4186 (extension 4) | [www.trainingone.org](http://www.trainingone.org)

NYS districts are eligible for aid though Herkimer (CoSer 613-7470) & OCM BOCES (CoSer 646-050).

