Healthy Leadership

Presenters

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• Kelly Short, NYS PTA Vice President

• Melissa Cancro, NYS PTA Secretary

When Helen met Melissa and Kelly
Good leaders know who they are

What kind of leader are you?

1. Know Your Personality Traits
2. Know Your Values
3. Identify Your Weaknesses
4. Ask for Feedback
5. Assess Your Ability to Delegate
6. Get to know your Board Members/Team
7. Take a look at who are surrounding yourself with

What kind of leader are you?

1. Know Your Personality Traits
   • Are you an introvert or Extravert?
   • Are you a Thinker or a Feeler?
   • Are you a Planner or Spontaneous?
   • Are you focused on the details or are you focused on the big picture?
   • Are you a person who processes information quickly or slowly?
   • Are you a person who processes your thoughts verbally, in your head or by writing them down?
   • Are you a multitasker or can you only focus on one task at a time?
   • Are you a Rule follower or a person who tries to find a loop hole in the rules?
What kind of leader are you?

2. Know Your Values

Some values are:
- Authenticity
- Adaptability
- Altruism
- Assertiveness
- Courage
- Dependability
- Family
- Flexibility
- Generosity
- Gratitude
- Improvement
- Integrity
- Open-mindedness
- Respect
- Support
- Responsibility

What kind of leader are you?

3. Know Your Weaknesses

Some weaknesses are:
- Separating or Standing Apart from Your Board
- Being Overly Critical
- Micromanaging Volunteers
- Requiring Constant Contact or Not Communicating at All
- Failing to Set Clear Expectations
- Providing Ineffective Feedback

What kind of leader are you?

4. Ask for Feedback

Did you feel you had what you needed for this event? If not, what did you need? How could I support you better in the future?
What kind of leader are you?

5. Assess Your Ability to Delegate

6. Get to know your Board Members/Team

7. Take a Look at Who are Surrounding Yourself with
People want to follow leaders who...

1) They trust
2) Have compassion
3) Provide Stability
4) Give them Hope

Leaders . . .

Know their Limits

Your YES is a NO to something else.

Leaders . . .

Can’t Please Everyone
Leaders . . .

SHUT IT DOWN!!

Leaders . . .

Stay Healthy

Leaders . . .

REMEMBER YOUR WHY
Any Questions?

Resources


https://www.16personalities.com/free-personality-test

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