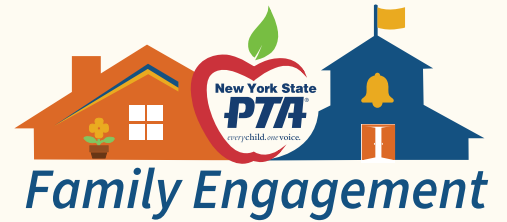


Be **PTA**[®] Engaged

Family Engagement Newsletter

Within these pages, you will find resources, insights, updates, and stories that reflect the strength and diversity of PTA across New York State. From practical tools and statewide initiatives to local highlights and shared experiences, each section is intended to help you stay connected, build capacity, and strengthen family-school partnerships.



Connect



Support



Empower



Advocate



Welcome to the First Edition of

Be PTA[®] Engaged

As we begin a new PTA year, we are excited to launch this newsletter as a resource dedicated to strengthening family engagement across New York State. Whether you are a returning leader, a newly elected officer, or a member looking for new ways to connect families with their school communities, this newsletter is designed with you in mind.

Each issue of Be PTA Engaged will provide practical strategies, valuable resources, inspiring success stories, and updates on NYS PTA initiatives to help you create welcoming, inclusive, and meaningful opportunities for every family. Our goal is to connect statewide priorities with local action by sharing ideas that can be adapted and implemented in every PTA and PTSA, regardless of size or community.

As we prepare for the upcoming school year, remember that family engagement doesn't begin on the first day of school, it begins long before students walk through the doors. The summer months provide a valuable opportunity to build relationships, welcome new families, collaborate with school leaders, recruit volunteers, and create an environment where every family feels valued, respected, and connected.

Together, we can foster strong partnerships that support student success, strengthen our school communities, and advance the mission of the New York State PTA. Thank you for your dedication, your leadership, and your commitment to engaging every family.

Here's to a year filled with collaboration, connection, and engagement. Welcome to Be PTA Engaged!

Discover What's Inside:

Connection to NYS PTA Resources

Governance Team Spotlight

PTA Unit Family Engagement Checklist

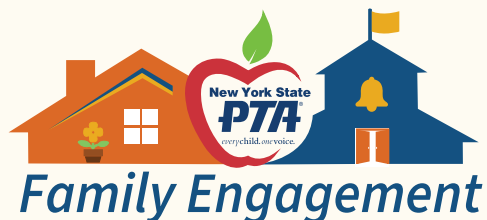
Summer Welcome Challenge: Build Connections Before the First Bell

How Do I Turn My One-and-Done School Event into a Family Engagement Event?

Beyond Attendance: What Family Engagement Really Looks Like

Resources

Helpful tools and links for families



Real talk from real PTA leaders across New York
Listen TODAY!



Leadership Webinar Series



Build your leadership skills through our Leadership Development webinars and earn your Leadership Development Pin at SLC 2027.



Family Engagement Award in Honor of Jami-Beth Knapp

Honors those that continue the work and dedication in family engagement.



Learn More!

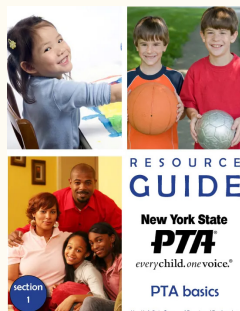
Explore NYS PTA's Bylaws Sample Procedures and use the Bylaws Wizard to review, update, and maintain your unit or council's governing documents with ease.



Start Planning Your 2026-27 Reflections Program!



Learn More!



Find the answers you need in the NYS PTA Resource Guide, your go-to reference for leadership, governance, finance, membership, programs, and more.



Suggested Sections:
Explore Section 02: President's Guide and Section 05-A: Finance for essential information every PTA leader should know.

What's Going on in Your Region?

Summer is the perfect time to prepare for a successful PTA year. Across New York State, Regions are offering leadership workshops and trainings to help unit leaders build confidence, strengthen their skills, and connect with fellow PTA volunteers.

Whether you're a new officer or an experienced leader, these workshops provide practical guidance, valuable resources, and opportunities to ask questions before the school year begins. Topics may include officer responsibilities, financial procedures, membership, family engagement, advocacy, and strategies for building strong school-family partnerships.

Check with your Region Director for workshop dates, locations, and registration information. We look forward to seeing PTA leaders across the state as we learn, collaborate, and prepare for another year of making every child's potential a reality.

<https://nyspta.org/home/about/contact/contacts-region-directors/>

Follow NYS PTA on social media for the latest news, resources, upcoming events, advocacy updates, and family engagement ideas.



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@NYSPTA

NYS PTA DEI Group

<https://www.facebook.com/groups/nysptadiversityandinclusion>



NYS PTA Leaders Group

<https://www.facebook.com/groups/nysptaleaders>



NYS PTA *Coordinators*



Velida Ford

NYS PTA Family Engagement Coordinator

Learn About Velida & How She
Can Support Your PTA on page 9

Contact Velida Today:
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Renee Daniels

NYS PTA Outreach Coordinator

Learn About Renee & How She
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Susan Brown

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Learn About Susan & How She
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NYS PTA *Specialists*



Charles Jean-Louis

NYS PTA Male Engagement Specialist

Learn About Charles & How He
Can Support Your PTA on page 13

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maleengagement@nyspta.org



Shauna Wold

NYS PTA Mental Health Specialist

Learn About Shauna & How She
Can Support Your PTA on page 14

Contact Shauna Today:
mentalhealth@nyspta.org

Get to know the dedicated leaders who serve New York's families. Each newsletter will introduce a few Governance Team members, so be sure to check future editions to meet them all.

PTA[®] Unit

Family Engagement Checklist

Use this checklist to assess and strengthen family engagement efforts throughout the school year.



Welcoming Environment

- ☐ Ensure all families feel welcomed and valued regardless of background, culture, language, family structure, or ability.
- ☐ Provide clear information about PTA membership and involvement opportunities.
- ☐ Display welcoming signage and materials that reflect the diversity of the school community.
- ☐ Offer interpretation and translation services when needed.
- ☐ Create opportunities for families to connect with school staff and PTA leaders.
- ☐ Regularly invite new families to participate in school and PTA activities.

Communication

- ☐ Use multiple communication methods (email, text, social media, flyers, website, newsletters).
- ☐ Share information in family-friendly language.
- ☐ Translate important communications into languages spoken by families in the school community.
- ☐ Provide advance notice of meetings and events.
- ☐ Seek feedback from families through surveys, conversations, and listening sessions.
- ☐ Communicate both successes and upcoming opportunities for involvement.

Family Participation

- ☐ Offer a variety of volunteer opportunities that accommodate different schedules and abilities.
- ☐ Provide both in-person and virtual engagement opportunities.
- ☐ Encourage participation beyond traditional volunteering roles.
- ☐ Invite families to share their talents, skills, cultures, and experiences.
- ☐ Recognize and celebrate family contributions throughout the year.
- ☐ Ensure events are accessible to all families.

Building Partnerships

- ☐ Collaborate with school administration, teachers, and staff on family engagement efforts.
- ☐ Partner with community organizations to provide resources and services for families.
- ☐ Include family engagement goals in PTA planning and budgeting.
- ☐ Invite diverse family voices to participate in decision-making.
- ☐ Recruit and mentor future PTA leaders from underrepresented groups.
- ☐ Evaluate family engagement efforts annually and use feedback to improve programs.

Student Success

- ☐ Encourage family participation in educational events and activities.
- ☐ Partner with school staff to identify family needs that may impact student success.
- ☐ Share resources that support students' social, emotional, and academic well-being.



Inclusive Practices

- ☐ Ensure meetings and events are accessible for individuals with disabilities.
- ☐ Consider childcare needs when planning events.
- ☐ Offer events at varying times to accommodate different schedules.
- ☐ Respect and celebrate diverse cultures, traditions, and family structures.
- ☐ Create opportunities for families who may not traditionally participate to become involved.
- ☐ Review PTA practices to identify and remove barriers to participation.



Annual Reflection

- ☐ Conduct a family engagement assessment.
 - ☐ Review participation data from meetings, events, and programs.
 - ☐ Gather feedback from families, students, and school staff.
 - ☐ Identify strengths and areas for growth.
 - ☐ Develop family engagement goals for the coming year.
 - ☐ Share successes and lessons learned with the PTA membership.
- Goal: Every family feels welcomed, connected, informed, and empowered to support the success and well-being of every child.

Summer Welcome Challenge:

Build Connections Before the First Bell

One of the most effective ways a PTA can support student success is by helping families feel welcome, informed, and connected before the school year begins. Family engagement is not a one-time event; it is an ongoing partnership that starts well before the first day of school.

This summer, challenge your PTA or PTSA to complete these four simple activities that can make a lasting impact.

1. Send a Warm Welcome



Reach out to returning and new families with a welcoming letter or email introducing your PTA/PTSA. Share your mission, explain how families can become involved, and let them know that every family is welcome. Include important back-to-school dates, membership information, and ways to stay connected.

2. Introduce Your Leadership Team



Help families put faces to names by introducing your PTA/PTSA board members on your website, in your newsletter, or on social media. Share a brief biography, your role, and why you chose to serve. Personal introductions help build trust and make it easier for families to reach out with questions or ideas.

3. Host a Summer Meet-and-Greet



Create an informal opportunity for families to connect before school starts. Whether it's a picnic at a local park, an ice cream social, a playground gathering, or a virtual welcome session, these relaxed events help families meet one another, connect with school leaders, and begin building relationships in a comfortable setting.

4. Create a "Getting Ready for School" Resource Page



Develop a one-stop resource that families can easily access throughout the summer. Consider including: school supply information, important school and PTA/PTSA dates, registration and transportation information, contact information for the school and PTA/PTSA, volunteer opportunities, membership information, community resources and family support services, links to the school website and social media pages. Make your resource page accessible, easy to navigate, and available in the languages spoken by families in your school community whenever possible.

Every Connection Counts

Small gestures can have a big impact. A welcoming message, a friendly introduction, or an invitation to attend a summer event can help families feel that they belong before they ever step into the school building.

This summer, challenge your PTA/PTSA to take the first step in building strong school-family partnerships. By creating a welcoming environment before the first bell rings, you're laying the foundation for meaningful family engagement and a successful school year for every student.



How Do I Turn My One-and-Done School Event

into a Family Engagement Event?



Many school events successfully bring families through the door for a single evening, but true family engagement goes beyond attendance. Family engagement is not just about hosting an event; it is about building relationships, creating two-way communication, and helping families feel connected to their child's educational experience.

A one-time event can become a meaningful family engagement opportunity when it is intentionally designed to encourage participation, foster connections, and create ongoing involvement. So, how do you turn your next school event into a family engagement event?

The answer is simple: **move families from being attendees to being partners.**

Too often, school events are planned *for* families rather than *with* families. Families attend, receive information, enjoy the activity, and then go home. While attendance is important, family engagement happens when families have opportunities to connect, contribute, and continue their involvement beyond the event itself.

Start With Relationships

Family engagement begins with relationships, not activities. Whether you are planning a literacy night, cultural celebration, science fair, concert, or fundraiser, consider how the event can help families connect with teachers, school staff, PTA leaders, and one another.

Ask yourself:

- How will families interact with each other?
- How will families connect with school personnel?
- How will families feel welcomed and valued?

Simple additions such as conversation prompts, family discussion activities, or opportunities to meet school leaders can transform the atmosphere from passive participation to meaningful engagement.

Give Families a Voice

Families are more likely to engage when they feel heard.

Before the event, seek family input through surveys, focus groups, or informal conversations. During the event, provide opportunities for families to share ideas, ask questions, and offer feedback.

Consider:

- Suggestion boards
- Interactive polls
- Listening sessions
- Family discussion tables
- Feedback forms

When families see that their opinions influence future programs and decisions, trust and engagement grow.

Create Interactive Experiences

Instead of having families watch, invite them to participate.

For example:

- During a literacy night, families can read and complete activities together.
- During a STEM event, families can solve challenges as a team.
- During an arts program, families can create projects alongside students.
- During a cultural event, families can share traditions, stories, and experiences.
- The goal is to create experiences that encourage learning, conversation, and connection.

Share Resources and Support

Every event presents an opportunity to help families support student success.

Include information about:

- Academic resources
- Community services
- Mental health and wellness support
- Attendance initiatives (if school provides)
- Family leadership opportunities
- PTA programs and membership

When families leave with useful information and resources, the value of the event extends beyond a single evening.

Provide a Pathway for Continued Involvement

One of the biggest differences between an event and engagement is what happens next.

Before families leave, offer opportunities to stay connected:

- Join the PTA (always have membership forms available)
- Sign up for newsletters (sign-in and add email for future updates)
- Volunteer for upcoming activities (volunteer sign-up sheet)
- Participate in committees (committee list sign-up sheet)
- Attend future meetings and workshops
- Share ideas for future programs

Every event should include a clear invitation for continued participation.

Follow Up

The event should not end when the doors close.

After the event:

- Thank families for attending.
- Share photos and highlights.
- Provide requested resources.
- Report back on feedback received.
- Invite families to the next opportunity for involvement.

Following up demonstrates that families matter and that their participation has value.

A Simple Shift in Thinking

Instead of asking:

“How many families attended our event?”

Ask:

“How many families felt welcomed, connected, informed, heard, and inspired to stay involved?”

When the focus shifts from attendance to relationships, from information-sharing to collaboration, and from a single event to ongoing partnership, a one-and-done school activity becomes a true family engagement opportunity.

Beyond Attendance

What Family Engagement Really Looks Like



Family engagement is at the heart of every successful PTA. It extends far beyond attending meetings or volunteering at events; it is about building meaningful partnerships among families, schools, and communities to support the success, well-being, and future of every child.

In a PTA unit, family engagement may look different from one school community to another because every family brings unique experiences, cultures, strengths, and perspectives. Meaningful engagement begins with creating a welcoming environment where all families feel valued, respected, heard, and included.

Family engagement can take many forms:

- Families participating in PTA meetings and sharing their perspectives on school and community issues.
- PTA leaders communicate through multiple channels to ensure information is accessible, understandable, and reaches all families.
- School events that encourage families to learn, connect, celebrate, and build relationships with one another.
- Opportunities for families to contribute their talents, ideas, and expertise through volunteering, serving on committees, leading initiatives, or helping plan programs.
- Collaboration between families and educators to support student learning, growth, and achievement.
- Intentional efforts to remove barriers to participation by providing childcare, translation services, transportation assistance, flexible scheduling, or virtual engagement options.

The true measure of family engagement is not how many families show up, it is how many families feel they belong. When families are welcomed as valued partners, their voices are heard, their experiences are respected, and their contributions are embraced. These meaningful relationships create a foundation of trust and collaboration that strengthens schools, empowers families, and helps every child reach their full potential.

Family engagement is not simply about inviting families into school spaces; it is about ensuring they have a voice in shaping those spaces. When families are engaged as partners in decision-making and problem-solving, schools become more responsive, inclusive, and effective in meeting the needs of all students.

PTA units play a vital role in fostering these connections. By intentionally creating opportunities for engagement, listening to family voices, and ensuring every family has a seat at the table, PTAs help build stronger school communities and improve outcomes for children.

Family engagement is not a program, a checklist, or a one-time activity. It is an ongoing commitment to partnership. Every conversation, invitation, act of inclusion, and effort to build trust strengthens the bridge between home and school. When families, educators, and communities work together, children benefit, schools thrive, and the PTA's mission of making every child's potential a reality becomes stronger than ever.

As PTA leaders, we have an opportunity, and a responsibility, to ask an important question: *Who is not yet engaged, and how can we welcome them?* The answers often lead to the most meaningful, equitable, and impactful family engagement efforts.

Together, we can create PTA communities where every family feels they belong, every voice is valued, and every child has the support, opportunities, and encouragement needed to succeed.



Meet Velida Ford

NYS PTA Family Engagement Coordinator

Hello! I am honored to be serving my second year as the New York State PTA Family Engagement Coordinator.

My PTA journey began more than 15 years ago when my oldest grandson started school. Like many parents and grandparents, I wanted to be involved in his educational experience and support the school community. What started as a desire to help one child quickly grew into a passion for advocating for all children and families. Over the years, PTA has provided me with countless opportunities to learn,

grow, and build meaningful connections with families, educators, and community leaders.

What I enjoy most about serving PTA families and students is helping create strong partnerships between home and school. When families feel welcomed, informed, and empowered, students are more likely to succeed academically and socially. Family engagement is not simply about participation in school activities; it is about building relationships that support every child's success.

As Family Engagement Coordinator, my role involves promoting effective family engagement practices, developing resources, supporting regions, councils, and local units, and helping families understand the important role they play in their children's education. I work to share information, highlight best practices, and encourage meaningful family-school partnerships throughout New York State.

What excites me most about this position is the opportunity to strengthen connections among families, schools, and communities. My perspective as both a longtime PTA leader and a grandparent helps me understand the challenges and opportunities families face as they navigate the educational system. I believe every family deserves to feel valued, heard, and included.

Looking ahead to the 2026–2027 year, I am focused on expanding resources that help PTA leaders build welcoming and inclusive environments for all families. I hope to support programs that encourage authentic family engagement, provide practical tools and training for local leaders, and create opportunities for collaboration among regions, councils, and units. My vision for success is that every PTA leader feels equipped to engage families in meaningful ways and that every family feels connected to their child's school community.

Outside of PTA, I am the proud grandmother of four grandsons who, during the 2026–2027 school year, will be in kindergarten, second grade, twelfth grade, and their fourth year of college at SUNY Oswego. Watching them grow and pursue their dreams has been one of the greatest joys of my life.

I also enjoy genealogy research and gardening, both of which allow me to connect with the past while nurturing growth for the future. When I am not volunteering or working on PTA projects, you will often find me taking short walks around my neighborhood and enjoying the simple moments each day brings.

This August, my husband and I will celebrate 49 years of marriage. Although he is living with Parkinson's disease, he remains at home, and we continue to cherish our time together. His strength, resilience, and sense of humor are a daily reminder of the importance of family, perseverance, and appreciating life's special moments.

A fun fact about me is that, through my genealogical research, I discovered I am the 25th great-granddaughter of Louis VII of France and Adela of Champagne. My lineage traces through their son, Philip II Augustus, and his wife, Agnes of Merania. Uncovering this connection to medieval French royalty has been one of my most fascinating family-history discoveries.

I look forward to working with PTA leaders and families across New York State during the coming year. Together, we can continue building strong partnerships that support every child and help all families feel welcomed, engaged, and empowered.



Meet Renee Daniels

NYS PTA Outreach Coordinator

PTA's mission begins with people who see a need in their school community and want to make a difference. As Outreach Coordinator, my role is to help those individuals, schools, and communities learn more about PTA and support them through the process of establishing and/or strengthening their local unit.

I work closely with Region Directors, Field Support Coordinators, and the State Office to respond to outreach inquiries, support chartering efforts, and identify opportunities for PTA growth across New York State. Whether a school is interested in starting a new PTA, rebuilding, or exploring how PTA can benefit its community, I can help connect leaders with the information, resources, and support they need.

In addition to supporting chartering efforts, I assist with outreach initiatives, maintain chartering resources and materials, and work with leaders to support new and at-risk units. I also collaborate with members of the Governance Team to help ensure local PTAs have access to the guidance and tools necessary for long-term success.

If your school community is interested in learning more about PTA, exploring the chartering process to establish another PTA within your district, or finding ways to strengthen your existing unit, I would be happy to help. Together, we can continue expanding PTA's reach and ensuring that every child has a strong voice and advocate in their school community.



Meet Susan Brown

NYS PTA Field Support Coordinator

For the 2026–2027 term, I will be serving as an FSC supporting the Central Hudson, Southeastern, and Northeastern Regions. In this role, I work closely with Region Directors to help support their region boards and assist units as they navigate both everyday operations and more challenging situations.

Over the years, I've worn many PTA hats, including unit and region treasurer, secretary, president, assistant director, associate director, and region awards and education chair. Those experiences have given me a broad perspective and a deep appreciation for the work local leaders do every day.

One area I'm especially passionate about is financial accountability and helping units feel confident managing their responsibilities. In addition to leading and supporting financial accountability trainings, I created the "Treasury Tuesday" events held on the second Tuesday of each month. Since financial issues can often feel overwhelming or intimidating, I've worked hard to learn best practices and practical solutions that can help units operate smoothly and successfully. I'm always happy to help answer questions related to finance, procedures, or insurance.

I come from the Genesee Valley Region on the eastern side of Rochester along Lake Ontario, where the winters can sometimes bring some serious snow. I'm also the parent of two amazing children, now 29 and 26, who taught me far more than any formal education ever could.

Professionally, I spent more than 30 years as a special education teacher, giving me a strong understanding of the educational system and student support needs. Personally, as the parent of a child on the spectrum and a gifted child, I also understand firsthand the challenges families face when their children do not fit neatly into the "average student" mold. Those experiences have strengthened my commitment to family engagement and to helping schools and PTAs create opportunities that truly support all children and families.

I look forward to working with leaders across the state and supporting the important work being done in our local communities every day.



Meet Mary McNamara

NYS PTA Field Support Coordinator

I will be serving in my second year as a Field Support Coordinator for the 2026-27 school year. The two regions that I will be supporting are the Leatherstocking Region and Nassau Region. As Field Support Coordinators (FSC) we are there to assist the Region Directors in areas including the operations of the Region Board which may include attending Region meetings, board trainings and events. I am also always available to offer support with unit questions and issue resolution and as a former RD I can

also act as a sounding board for the RDs as they navigate various board and unit challenges.

In my time in the PTA, I have held a variety of roles. I have been an event chair, Vice President, and President of my local unit. At the Region level I have been a Treasurer, Corresponding Secretary, and Region Director. At the NYS PTA level I was the Literacy Chair, as well as a Region Director. I have also held a variety of roles in other school and community volunteer organizations that have increased my experience with special education information as well as developing parent education programming for the entire school community.

All these experiences have given me a broader view of the roles of the PTA in our communities and how the Regions can assist units.

I am convinced that the training of our boards and unit officers is essential to allow the PTAs to be successful. Training is so important to assure all officers and board members understand their roles and help reduce ongoing problems for units. I feel parent education and outreach is essential as well. By helping the Regions and units create webinars, trainings, and events we strengthen our school communities and increase engagement.

I live in Dobbs Ferry a small village in Westchester County. My son recently graduated from college as a visual arts major. I was a technical manager in the printing and publishing industry for twenty years. During that time my jobs required I develop comprehensive problem-solving skills as well as do extensive customer and sales team trainings. I also was a parent member in our school districts CPSE and CSE meetings for 14 years. I am currently a member of my home school districts DEI task force.

I am always available to assist in any way I can to support our Regions and Units to further the work our PTAs do daily to support all our children's success.



Meet Charles Jean-Louis

NYS PTA Male Engagement Specialist

As a father, husband, community advocate, and PTA leader, I am deeply passionate about strengthening the connection between families, schools, and communities through intentional male engagement.

My focus is helping local units, schools, and region leaders create welcoming environments where fathers, father figures, and male caregivers feel seen, valued, and empowered to actively participate in the lives and education of children. Male engagement is not simply about increasing attendance at events, it is about building lasting relationships, positive role models, and stronger support systems for students and families.

In my role, I support PTA leaders and school communities by helping them:

- Develop and grow male engagement initiatives
- Increase father and male caregiver participation in schools and PTA activities
- Create inclusive family engagement strategies
- Plan impactful programs, events, and mentorship opportunities
- Strengthen school-community partnerships
- Address challenges around volunteer recruitment, communication, and sustained involvement

I am available to assist units and leaders with questions related to:

- Starting or expanding male engagement programs
- Hosting father-focused events or family engagement nights
- Building volunteer pipelines for men in schools
- Creating mentorship and leadership opportunities
- Improving outreach to underrepresented families
- Sharing best practices and successful engagement models across New York State

In addition, I can provide resources, guidance, and tools through the NYS PTA Male Engagement initiative, including program ideas, planning support, engagement strategies, and access to statewide materials and trainings.

To learn more about Male Engagement within NYS PTA, visit the NYS PTA Male Engagement webpage and video resources:

<https://nyspta.org/home/membership/maleengagement/>

<https://www.youtube.com/watch?v=D7cMIzwmh5g>

I look forward to connecting with leaders and families across New York State as we continue working together to support every child with one voice.



Meet Shauna Wold

NYS PTA Mental Health Specialist

I have been involved with PTA since my oldest child was in kindergarten. As I was heading out the door to my very first PTA meeting, my husband jokingly called after me, “Don’t volunteer for anything!” Ignoring his comment, I came home from that meeting and announced that I had volunteered to be the co-chair of PARP (Pick a Reading Partner). At the time, I had no idea what PARP was, but I was excited to jump in and help. I never stopped volunteering, and today, that kindergartener is about to turn 25!

Over the years, I have served at every level of PTA—unit, council, region, and state. What I enjoy most is connecting with others, sharing knowledge, and making a positive impact on children and families.

For the past year, I have served as New York State PTA’s Mental Health Specialist, a role that was newly created to address the growing need for mental health awareness and support. I often say, “You don’t know until you know,” because that phrase perfectly captures my family’s journey. I had no idea that my child was experiencing a mental health crisis until the situation escalated, and then “I knew.” Like many parents, I didn’t even know the warning signs to recognize them.

That experience changed me. It motivated me even further to learn, advocate, and share what I have discovered with other families. I am committed to helping parents recognize signs of mental health challenges earlier and connect with available resources. I have seen firsthand the huge gaps in awareness and support that many families face. By sharing my story and advocating for more prevention, services, and recovery options, I hope to remind others that they are not alone.

I also serve as a member of the Mental Health Taskforce, am part of the Wellness team, and the Resolutions committee. Every Monday, NYS PTA posts Mental Health Monday tips, please be sure to share this helpful information with your members.

I welcome your ideas and feedback regarding wellness tips, webinar topics, and the needs you see within your school community. Please feel free to reach out with suggestions or concerns so we can continue supporting the well-being of students and families.